1. PRODUCT AND COMPANY IDENTIFICATION

Product Name MEGARED Omega-3 - Krill Oil Extra Strength 500mg

Recommended Use Nutritional Supplement - Solid.

Supplier Address
Schiff Nutrition
2002 West 5070 South
Salt Lake City
Utah
84104
US
Phone: 801-975-5000
Contact: Wane Girdler
Email: WaneG@schiffnutrition.com
Contact Phone 801-975-5000

2. HAZARDS IDENTIFICATION

Emergency Overview
This material is a nutritional supplement and is not regulated as a hazardous chemical under the OSHA Hazard Communication Standard (29 CFR 1910.1200)
DO NOT USE IF ALLERGIC TO FISH OR FISH OIL

Appearance Dark red
Physical State Solid Gel Consistency, Solid.
Odor Vanilla

OSHA Regulatory Status
This material is not considered hazardous by the OSHA Hazard Communication Standard (29 CFR 1910.1200).

Potential Health Effects
Principle Routes of Exposure
Skin contact. Ingestion.

Acute Toxicity
Eyes May cause irritation.
Skin No known effect based on information supplied.
Inhalation No known effect based on information supplied.
Ingestion Ingestion above therapeutic dose may cause nausea, vomiting, dizziness, and headache.

Chronic Effects No known effect based on information supplied.

Aggravated Medical Conditions None known.

Environmental Hazard See Section 12 for additional Ecological Information.

3. COMPOSITION/INFORMATION ON INGREDIENTS

<table>
<thead>
<tr>
<th>Chemical Name</th>
<th>CAS-No</th>
<th>Weight %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fish oil</td>
<td>8016-13-5</td>
<td>60-100</td>
</tr>
</tbody>
</table>
4. FIRST AID MEASURES

**Eye Contact**
Rinse thoroughly with plenty of water, also under the eyelids. If symptoms persist, call a physician.

**Skin Contact**
Wash skin with soap and water. In the case of skin irritation or allergic reactions see a physician.

**Inhalation**
Move to fresh air. If symptoms persist, call a physician.

**Ingestion**
Do NOT induce vomiting. Drink plenty of water. If symptoms persist, call a physician.

**Notes to Physician**
Treat symptomatically. Persons allergic to fish or fish oil may experience anaphylactic reaction.

5. FIRE-FIGHTING MEASURES

**Flammable Properties**
Not flammable.

**Flash Point**
Not determined.

**Suitable Extinguishing Media**
Use extinguishing measures that are appropriate to local circumstances and the surrounding environment.

**Hazardous Combustion Products**
Carbon oxides.

**Explosion Data**

- Sensitivity to Mechanical Impact: No.
- Sensitivity to Static Discharge: No.

**Protective Equipment and Precautions for Firefighters**
As in any fire, wear self-contained breathing apparatus pressure-demand, MSHA/NIOSH (approved or equivalent) and full protective gear.

6. ACCIDENTAL RELEASE MEASURES

**Personal Precautions**
Avoid contact with eyes.

**Environmental Precautions**
Refer to protective measures listed in Sections 7 and 8.

**Methods for Containment**
Prevent further leakage or spillage if safe to do so.

**Methods for Cleaning Up**
Pick up and transfer to properly labeled containers.

7. HANDLING AND STORAGE

**Handling**
Handle in accordance with good industrial hygiene and safety practice. Avoid contact with eyes.

**Storage**
8. EXPOSURE CONTROLS / PERSONAL PROTECTION

Exposure Guidelines
This product does not contain any hazardous materials with occupational exposure limits established by the region specific regulatory bodies.

Engineering Measures
Showers
Eyewash stations
Ventilation systems

Personal Protective Equipment

<table>
<thead>
<tr>
<th>Eye/Face Protection</th>
<th>Skin and Body Protection</th>
<th>Respiratory Protection</th>
</tr>
</thead>
<tbody>
<tr>
<td>No special protective equipment required.</td>
<td>No special protective equipment required.</td>
<td>No protective equipment is needed under normal use conditions. If exposure limits are exceeded or irritation is experienced, ventilation and evacuation may be required.</td>
</tr>
</tbody>
</table>

Hygiene Measures
Handle in accordance with good industrial hygiene and safety practice.

9. PHYSICAL AND CHEMICAL PROPERTIES

<table>
<thead>
<tr>
<th>Property</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Appearance</td>
<td>Dark red.</td>
</tr>
<tr>
<td>Odor Threshold</td>
<td>No information available</td>
</tr>
<tr>
<td>pH</td>
<td>No information available</td>
</tr>
<tr>
<td>Flash Point</td>
<td>No information available</td>
</tr>
<tr>
<td>Decomposition Temperature</td>
<td>No information available</td>
</tr>
<tr>
<td>Melting Point/Range</td>
<td>No information available</td>
</tr>
<tr>
<td>Flammability Limits in Air</td>
<td>No information available</td>
</tr>
<tr>
<td>Water Solubility</td>
<td>Virtually insoluble</td>
</tr>
<tr>
<td>Evaporation Rate</td>
<td>No information available</td>
</tr>
<tr>
<td>Vapor Density</td>
<td>No data available</td>
</tr>
<tr>
<td>Odor</td>
<td>Vanilla.</td>
</tr>
<tr>
<td>Physical State</td>
<td>Solid Gel Consistency Solid</td>
</tr>
<tr>
<td>Autoignition Temperature</td>
<td>No information available</td>
</tr>
<tr>
<td>Boiling Point/Range</td>
<td>No information available</td>
</tr>
<tr>
<td>Explosion Limits</td>
<td>No information available</td>
</tr>
<tr>
<td>Solubility</td>
<td>No information available</td>
</tr>
<tr>
<td>Vapor Pressure</td>
<td>No data available</td>
</tr>
<tr>
<td>Partition Coefficient: n-octanol/water</td>
<td>No information available</td>
</tr>
</tbody>
</table>

10. STABILITY AND REACTIVITY

Stability
Stable under recommended storage conditions.

Incompatible Products
None known.

Conditions to Avoid
None known.

Hazardous Decomposition Products
Carbon oxides.

Hazardous Polymerization
Hazardous polymerization does not occur.

11. TOXICOLOGICAL INFORMATION

Acute Toxicity
May cause eye irritation.

Product Information
Ingestion above therapeutic dose may cause nausea, vomiting, dizziness, and headache.

Component Information

<table>
<thead>
<tr>
<th>Chemical Name</th>
<th>LD50 Oral (Rat)</th>
<th>LD50 Dermal</th>
<th>LC50 Inhalation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fish oil</td>
<td>&gt; 5000 mg/kg</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>
Chronic Toxicity

No known effect based on information supplied.

Sensitization

Persons allergic to fish or fish oil may experience anaphylactic reaction.

Target Organ Effects

None known.

12. ECOLOGICAL INFORMATION

Ecotoxicity

The environmental impact of this product has not been fully investigated.

<table>
<thead>
<tr>
<th>Chemical Name</th>
<th>Toxicity to Algae</th>
<th>Toxicity to Fish</th>
<th>Toxicity to Microorganisms</th>
<th>Daphnia Magna (Water Flea)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fish oil</td>
<td>EC50: 13.3 mg/L (96 h) Desmodesmus subspicatus</td>
<td>LC50: &gt; 10000 mg/L (96 h) Brachydanio rerio</td>
<td>EC50: &gt; 100 mg/L (48 h) Daphnia magna</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Desmodesmus subspicatus EC50: &gt; 100 mg/L (72 h) Desmodesmus subspicatus</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

13. DISPOSAL CONSIDERATIONS

Waste Disposal Methods

This material, as supplied, is not a hazardous waste according to Federal regulations (40 CFR 261). This material could become a hazardous waste if it is mixed with or otherwise comes in contact with a hazardous waste, if chemical additions are made to this material, or if the material is processed or otherwise altered. Consult 40 CFR 261 to determine whether the altered material is a hazardous waste. Consult the appropriate state, regional, or local regulations for additional requirements.

Contaminated Packaging

Dispose of in accordance with local regulations.

14. TRANSPORT INFORMATION

DOT

NOT REGULATED

TDG

Not regulated

MEX

Not regulated

ICAO

Not regulated

IATA

Not regulated

IMDG/IMO

Not regulated
15. REGULATORY INFORMATION

International Inventories

TSCA
Complies

DSL
Not determined

U.S. Federal Regulations

SARA 313
Section 313 of Title III of the Superfund Amendments and Reauthorization Act of 1986 (SARA). This product does not contain any chemicals which are subject to the reporting requirements of the Act and Title 40 of the Code of Federal Regulations, Part 372.

SARA 311/312 Hazard Categories

<table>
<thead>
<tr>
<th>Hazard Category</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acute Health Hazard</td>
<td>No</td>
</tr>
<tr>
<td>Chronic Health Hazard</td>
<td>No</td>
</tr>
<tr>
<td>Fire Hazard</td>
<td>No</td>
</tr>
<tr>
<td>Sudden Release of Pressure Hazard</td>
<td>No</td>
</tr>
<tr>
<td>Reactive Hazard</td>
<td>No</td>
</tr>
</tbody>
</table>

Clean Water Act
This product does not contain any substances regulated as pollutants pursuant to the Clean Water Act (40 CFR 122.21 and 40 CFR 122.42).

Clean Air Act, Section 112 Hazardous Air Pollutants (HAPs) (see 40 CFR 61)
This product does not contain any substances regulated as hazardous air pollutants (HAPS) under Section 112 of the Clean Air Act Amendments of 1990.

CERCLA
This material, as supplied, does not contain any substances regulated as hazardous substances under the Comprehensive Environmental Response Compensation and Liability Act (CERCLA) (40 CFR 302) or the Superfund Amendments and Reauthorization Act (SARA) (40 CFR 355). There may be specific reporting requirements at the local, regional, or state level pertaining to releases of this material.

U.S. State Regulations

California Proposition 65
This product does not contain any Proposition 65 chemicals.

U.S. State Right-to-Know Regulations
This product does not contain any substances regulated by state right-to-know regulations.

International Regulations

Mexico - Grade
No information available.

Canada
This product has been classified in accordance with the hazard criteria of the Controlled Products Regulations (CPR) and the MSDS contains all the information required by the CPR.

WHMIS Hazard Class
Non-controlled

16. OTHER INFORMATION
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<table>
<thead>
<tr>
<th>Prepared By</th>
<th>Product Stewardship</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>23 British American Blvd.</td>
</tr>
<tr>
<td></td>
<td>Latham, NY 12110</td>
</tr>
<tr>
<td></td>
<td>1-800-572-6501</td>
</tr>
</tbody>
</table>

| Revision Date      | 09-Aug-2013                                              |

| Revision Note      | No information available                                 |

**General Disclaimer**

The information provided in this Safety Data Sheet is correct to the best of our knowledge, information and belief at the date of its publication. The information given is designed only as a guidance for safe handling, use, processing, storage, transportation, disposal and release and is not to be considered a warranty or quality specification. The information relates only to the specific material designated and may not be valid for such material used in combination with any other materials or in any process, unless specified in the text.

End of Safety Data Sheet